

Easter **Holiday** PROGRAMME

Age 5yrs+



XCITE

XCITE
OUTDOORS

MULTI SPORTS CAMPS

7th - 10th APRIL & 14th - 17th APRIL

What's On?

WEEK 1 (7th - 10th APRIL)

Multi-Sports Day camps (5-11years)

AVAILABLE AT XCITE BATHGATE, XCITE WINCHBURGH AND DEANS COMMUNITY HIGH SCHOOL

WEEK 2 (14th - 17th APRIL)

Multi-Sports Day camps (5-11years)

AVAILABLE AT XCITE BATHGATE, XCITE CRAIGSWOOD AND XCITE WINCHBURGH

All camps run Mon-Thurs:

you can book your child into a single day camp, 2 or 3 days or for a full 4-day week!

Prices: Our camps are £28.50* per day or £85.50 for the full week (that's 4 days for the price of 3!). A full week consists of 4 consecutive days at one venue.

Our multi-sports camps are the perfect way to keep your child active this Easter holiday! These fun 6-hr sessions are jam packed with exciting activities and sports for your child, from old school games to tennis, hockey, dodgeball and more!

*Access Xcite Under 18s users are eligible for discounted rates. Please ask at your local venue or let us know on our online note of interest form that you are an Access Xcite registered user. For more information about Access Xcite, scan the QR code.



Registration time: 09:00 - 09:15 Pick up time: 15:00

MULTI-SPORTS CAMPS VENUE INFORMATION

Venue	Address	Telephone Number
Xcite Bathgate (7th - 10th April, 14th - 17th April)	Balbardie Park, Torphichen Road Bathgate, EH48 4LA	01506 237910
Xcite Winchburgh (7th - 10th April, 14th - 17th April)	Linlithgow Road, Winchburgh EH52 6FY	01506 340720
Deans Community High School (7th - 10th April)	Eastwood Park, Deans Livingston EH54 8PS	01506 237970
Xcite Craigswood (14th - 17th April)	Craigswood, Livingston EH54 5ER	01506 237940

Booking T&C'S

- Please drop off your child **during the registration time**. We ask that you do not arrive earlier than this, as there may not be anyone available at the Xcite venue to welcome you. The course will start at 09:15.
- Please send your child to camp in clothing suitable for the weather conditions, as they may be outside for some or all of the day. Your child should have sunscreen applied before the start of the camp if required.
- Children attending any day camp should bring lunch, snacks and their own water bottle.
- Please be as punctual as possible to collect your child at the end of their session.
- Each child should also bring a change of clothes if the weather is due to be wet.

Booking Option 1 - Please follow the link from the QR code to our holiday programme website page – you will be asked to complete a note of interest form. Once submitted, our team will contact you to take payment.

Booking Option 2 - Please book in person at the relevant Xcite venue. You will be asked to complete a booking form (or supply details for the form) and pay for your course in full at the time of booking.

Please note that your place is not confirmed until full payment has been received.



Xcite Linlithgow offers a wide range of single and multi-day courses during school holidays. We're passionate about getting children outdoors, no matter the weather, staying active and having fun! We have three types of activities available:

Intro Days & Multi Activity Courses (both 8-12yrs)

These courses are delivered in a way that allows young people to attend them more than once if they choose. Whilst they may visit the same venue and participate in the same or similar activities during the session they will still be in an environment where their confidence can grow, skills can be developed, new friendships can be made and above all have lots of fun. No previous experience is required for these sessions.

Adventure Days (10-14yrs)

These courses are aimed at slightly older children who have participated in the activity before and are looking to develop their skills and confidence in a new environment.

Here are the courses available over the Easter holidays:

Multi Activity 3 & 4 Day Courses (6h30) 8yrs+

Spend 3 or 4 days with our instructors and get to try all of the activities we currently offer – mountain biking*, canoeing, kayaking, archery and team building challenges.
* mountain biking is not available on our 3 day multi activity course.

Intro Mountain Biking (6h30) 8yrs+

This full-day course is for those who are relatively new to Mountain Biking and who would like to learn some more about how to get the most out of their bike, the trails and themselves. Participants must be able to ride a bike and be keen to develop skills. Bikes and helmets are provided.

Intro Open Canoeing (6h30) 8yrs+

Full day course. Participants will team up with a partner and develop canoeing skills on the Union Canal. No previous experience required, we just ask that participants are water-confident and happy splashing around on the water.



Archery (2h30) 8yrs+

Participants will spend the session learning how to use a bow and arrow with a big emphasis on having fun and developing your technique in a safe environment.

Mountain Biking Adventure Day (6h30h) 10yrs+

Aimed at riders who have already attended one of our intro mountain biking courses or have previous experience of riding blue grade MTB trails. This course will help you develop your skills and confidence on both natural and purpose built mountain bike trails. Likely venues for this course can include Callendar Estate Trail network, Beecraigs Country Park or one of the many Pump Tracks found in West Lothian. Bikes and helmets, along with all necessary transport, are provided.

All activities are led by qualified instructors. For full day courses please bring a packed lunch and a complete change of clothing, including footwear, and a towel, along with any medication that your child may need, i.e., asthma inhaler, Epipen. All safety equipment is provided, i.e., helmets, buoyancy aid, waterproofs and mountain bikes.

Drop off time - 09:30 at Xcite Linlithgow - Outdoor studio

Pick up time - variable please see timetable below. All pickups from Xcite Linlithgow - Outdoor studio

Booking - Please book in person at Xcite Linlithgow or contact reception on 01506 237960. You will be asked to complete a booking form (or supply details for the form) and pay for your course in full at the time of booking.

Booking T&C's

- Please ensure you read the course description and that your child has the appropriate experience and ability to participate on the course. Please contact us if you are unsure or have any questions.
- Please drop off your child **10 mins prior to activity** start time. We ask that you do not arrive earlier than this, as there may not be anyone available at the Xcite Outdoors studio to welcome you.
- We operate a **no refund policy**. We regret that we cannot offer refunds or transfers due to demand; if your child is unable to attend, we will not be able to offer a refund or compensation.
- Please be as punctual as you can be to collect your child at the end of their course. Late pick up maybe charged for.

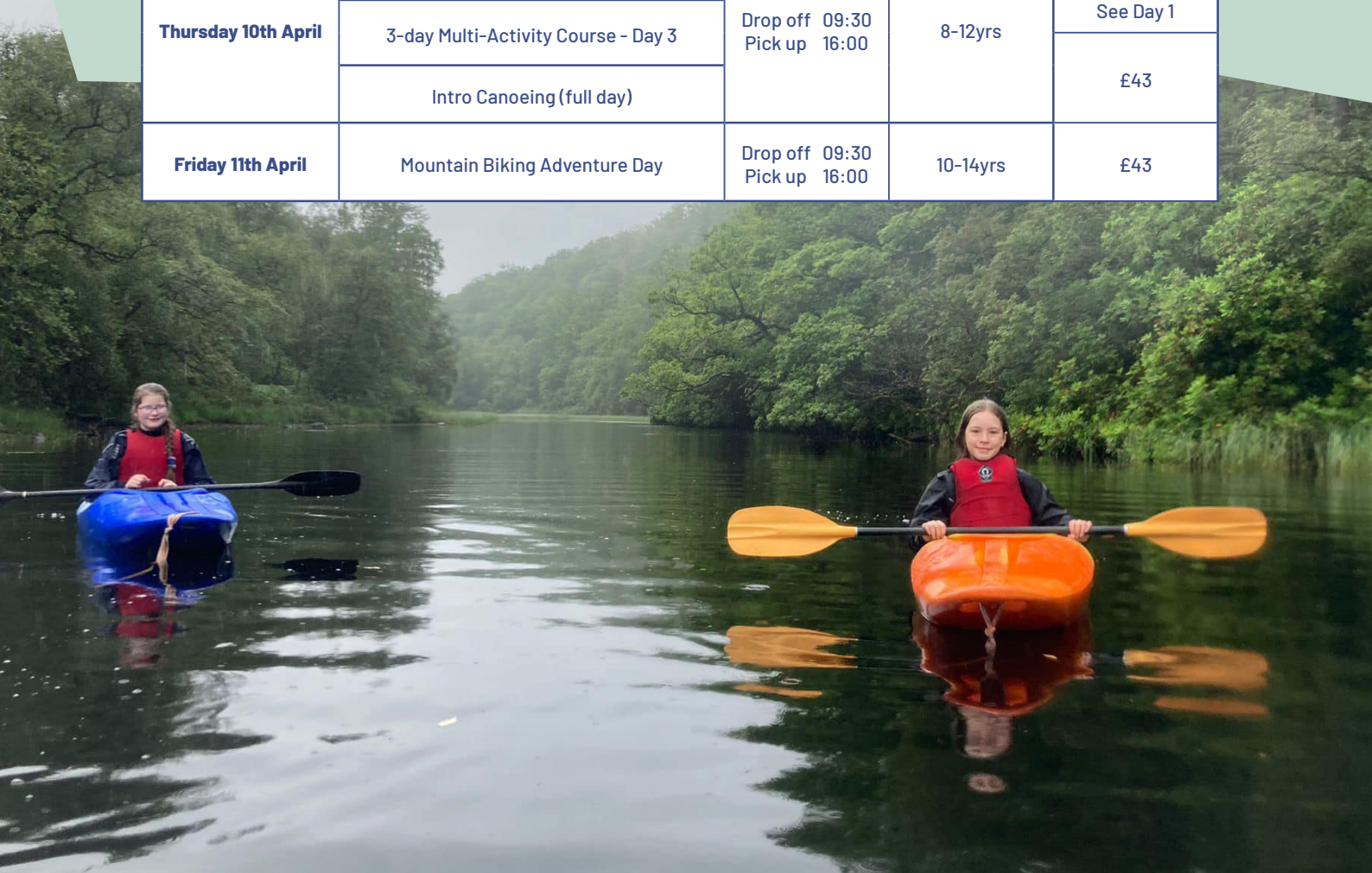


Venue	Address	Telephone Number
Xcite Linlithgow (for all Xcite Outdoor activities)	McGinley Way, Linlithgow EH49 6SQ	01506 237960

EASTER HOLIDAY WEEK 1 Mon 7th - Fri 11th April

XCITE LINLITHGOW

Date	Activity	Time	Age	Price
Monday 7th April	4-day Multi-Activity Course - Day 1	Drop off 09:30 Pick up 16:00	8-12yrs	£148 (4 days)
	Intro Mountain Biking (full day)			£43
	Intro Canoeing (full day)			
Tuesday 8th April	4-day Multi-Activity Course - Day 2	Drop off 09:30 Pick up 16:00	8-12yrs	See Day 1
	3-day Multi-Activity Course - Day 1			£111 (3days)
Wednesday 9th April	4-day Multi-Activity Course - Day 3	Drop off 09:30 Pick up 16:00	8-12yrs	See Day 1
	3-day Multi-Activity Course - Day 2			See Day 1
	Archery (indoors)	09:30 - 12:00	8-12yrs	£25
Thursday 10th April	4-day Multi-Activity Course - Day 4	Drop off 09:30 Pick up 16:00	8-12yrs	See Day 1
	3-day Multi-Activity Course - Day 3			See Day 1
	Intro Canoeing (full day)			£43
Friday 11th April	Mountain Biking Adventure Day	Drop off 09:30 Pick up 16:00	10-14yrs	£43



EASTER HOLIDAY WEEK 2 Mon 14th - Thurs 17th April

XCITE LINLITHGOW

Date	Activity	Time	Age	Price
Monday 14th April	Intro Mountain Biking (full day)	Drop off 09:30 Pick up 16:00	8-12yrs	£43
Tuesday 15th April	3-day Multi-Activity Course - Day 1	Drop off 09:30 Pick up 16:00	8-12yrs	See Day 1
	Intro Canoeing (full day)			See Day 1
	Archery (indoors)	13:30 - 16:00	8-12yrs	£25
Wednesday 16th April	3-day Multi-Activity Course - Day 2	Drop off 09:30 Pick up 16:00	8-12yrs	See Day 1
Thursday 17th April	3-day Multi-Activity Course - Day 3	09:30 - 16:00	8-12yrs	See Day 1
	Archery (indoors)	09:30 - 12:00		£25

